



GET FIT FASTER

EMPLOYEE & FAMILY DISCOUNT PROGRAM*

- 10% off Personal Training or Sports Performance Training
- \$0 Initiation Fee on any Annual Membership

PERSONAL TRAINING

- ▶ 3:1 client to trainer ratio
- ▶ Individualized programs
- ▶ Flexible scheduling

Call for your
Free Trial!

BOOT CAMP

- ▶ 12:1 client to trainer ratio
- ▶ Heart-rate-based interval training
- ▶ Personalized small group classes
- ▶ Maximized fat burning

THE CITY OF
COLUMBUS
ANDREW J. GINTHER, MAYOR

DEPARTMENT OF
HUMAN RESOURCES

healthy **(COLUMBUS)**
CITY EMPLOYEE WELLNESS PROGRAM

HILLIARD | 3704 Fishinger Blvd | Hilliard, OH 43026 | P: 614.363.4415

WESTERVILLE | 91 Huber Village Blvd. | Westerville, OH 43081 | P: 614.423.7555

*Benefits apply to employees and members of their household.